

# Beyond UDS: Expert Guidance & Peer Insights for Successful Family Planning Screening

With Upstream USA

azara2026

USER CONFERENCE APRIL 13-15 | BOSTON, MA



# Today's Speakers



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**Greater Roslindale  
Medical & Dental  
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**Boston Medical Center**



# Agenda

Overview of Upstream USA

Insights from 2025 UDS Data

Screening Question Selection & Implementation

Voices from the Field



# About Upstream USA

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What do we do?

Our mission is to ensure that equitable, patient-centered **contraceptive care is basic healthcare.**

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How do we do it?

**Free training and technical assistance** to strengthen contraceptive care in primary care.

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Where do we work?

Partnerships with **250+ healthcare organizations** across the United States.

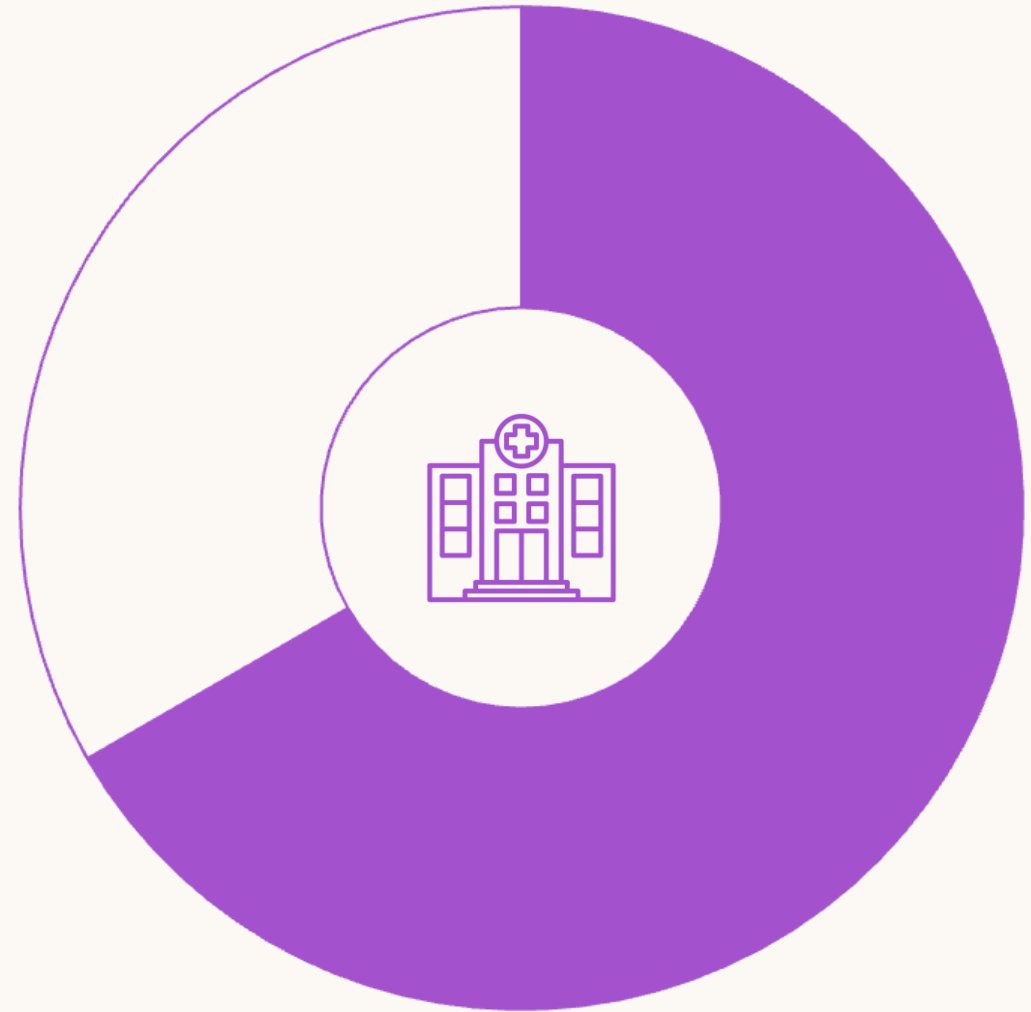


# Insights from the First Year of UDS Reporting Data

## Two-thirds of FQHCs reported screenings.

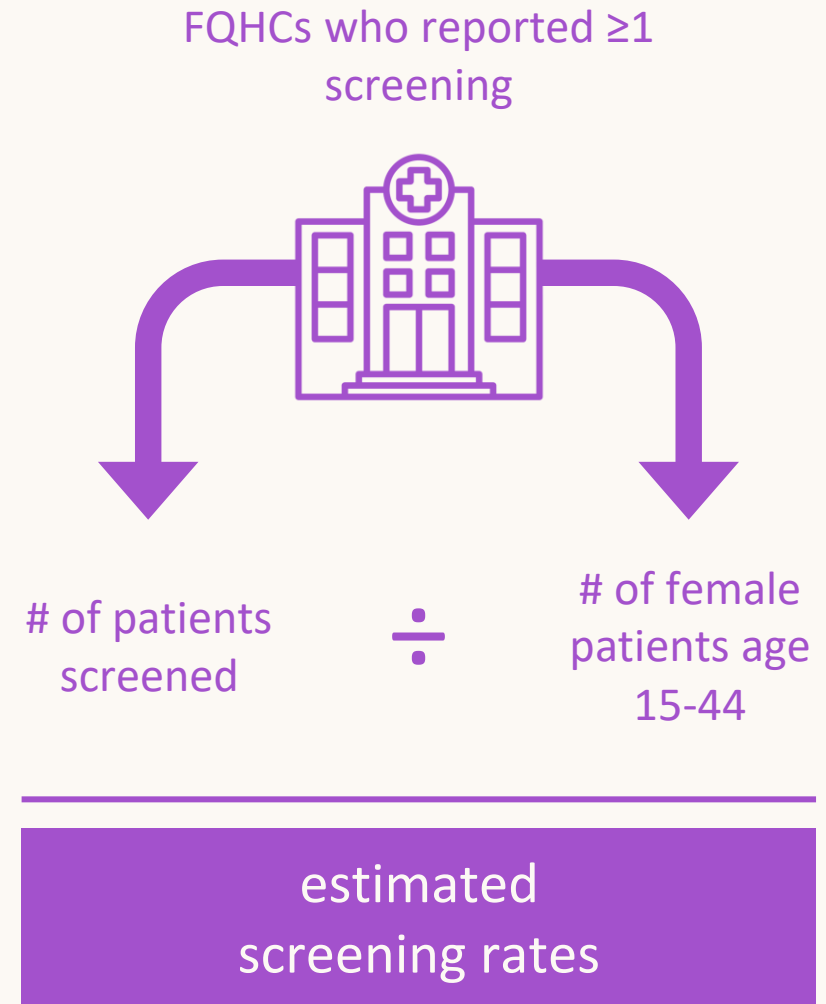
For the first year of UDS Reporting, the majority of FQHCs participated, showing momentum and engagement.

The remaining third of FQHCs that did not report any screenings may indicate systemic barriers or gaps in capacity related to conducting, documenting or reporting screenings.



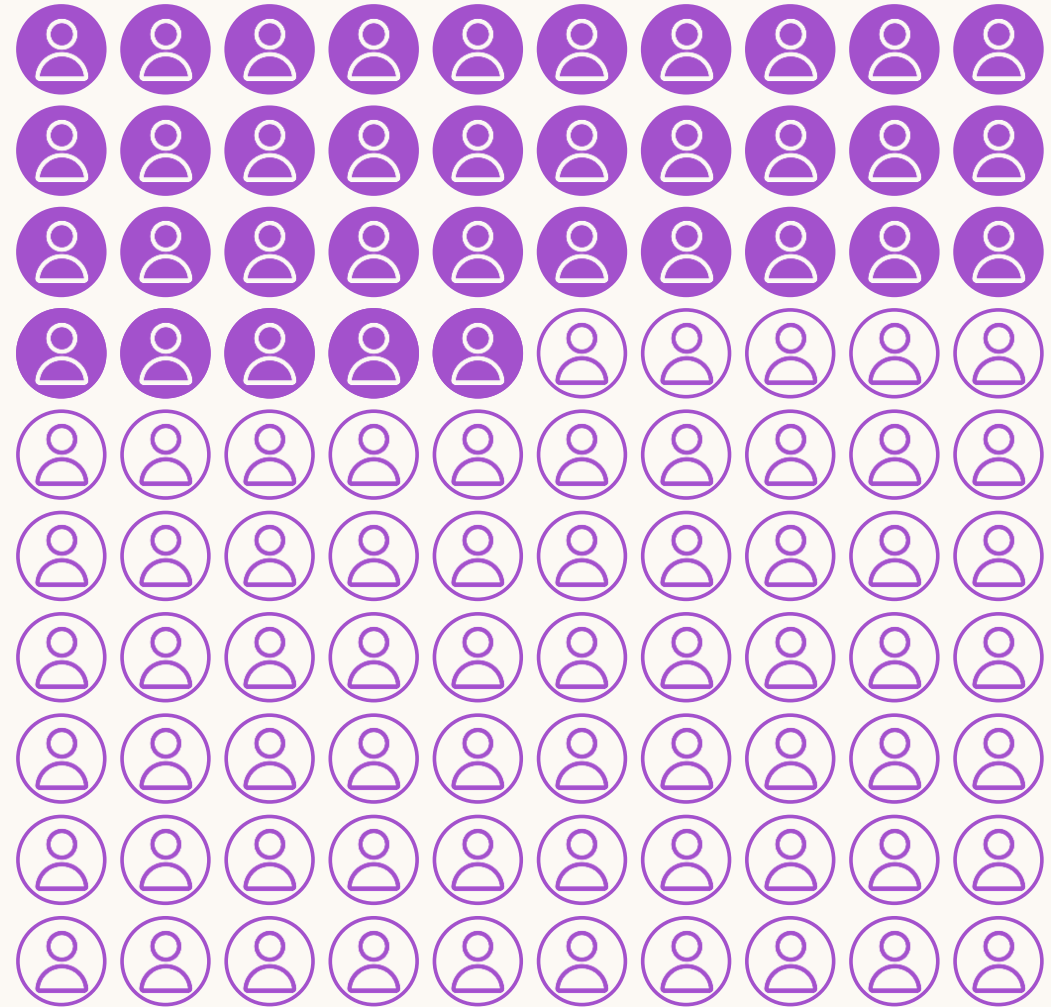
We estimated screening rates among the two-thirds of FQHCs that reported.

This is a rough indicator, but it helps us compare screening outcomes across FQHCs and states.



We estimate that roughly one-third of these patients received screening.

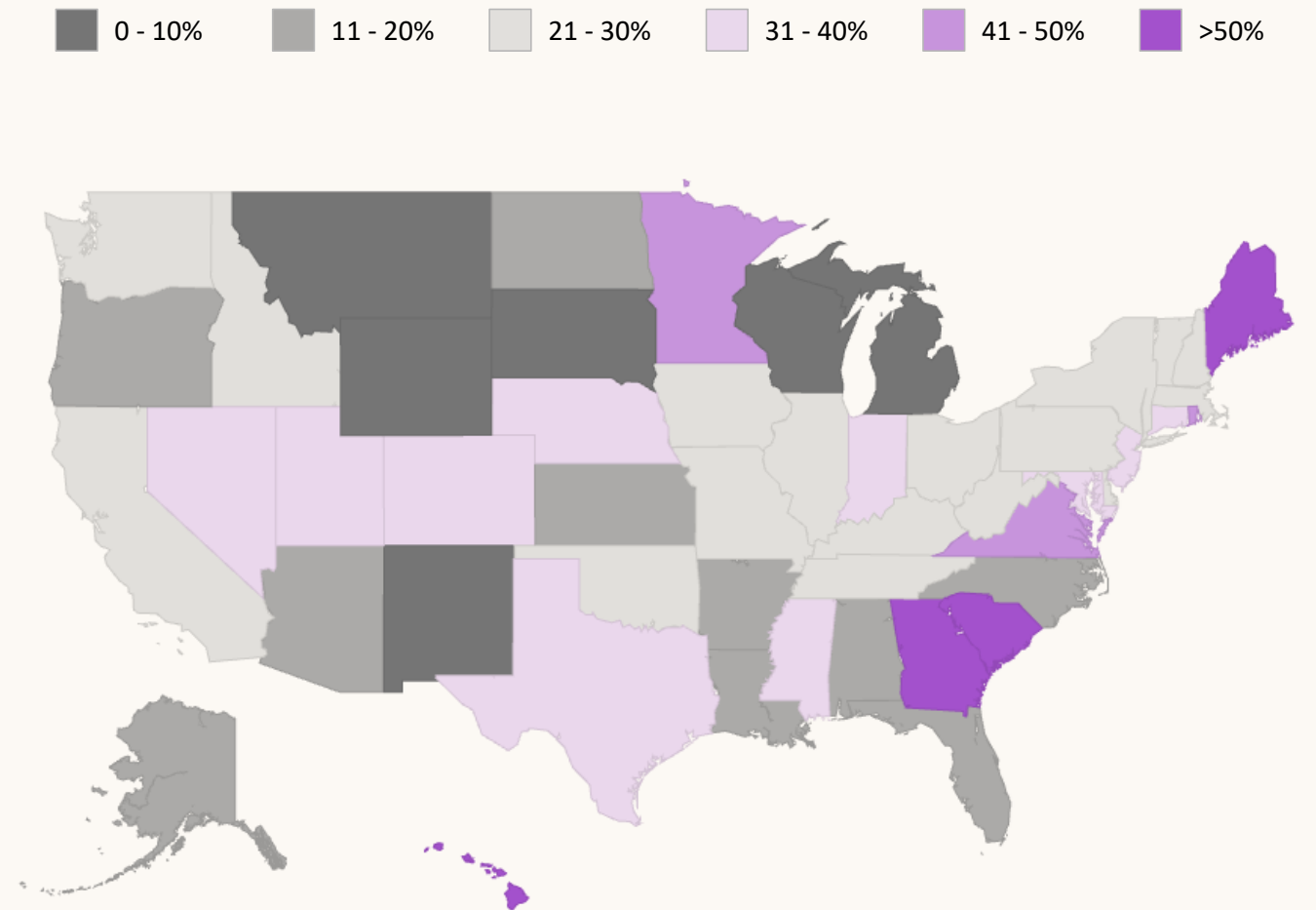
While a rough indicator\*, this further suggests additional opportunity to strengthen the delivery and reporting of screening.



*\*Calculated by dividing the number of patients screened, by the number of all female patients age 15-44; measured among those FQHCs that had at least 1 screening.*

Estimated screening rates varied across states.

The majority of states had estimated screening rates below 50%, based on our analysis\* of 2024 UDS data.



\*Calculated by dividing the number of patients screened, by the number of all female patients age 15-44; measured among those FQHCs that had at least 1 screening.

# How might you prepare to report on this outcome?

- Select a screening tool
- Train your care team to screen, provide counseling & services
- Establish clear workflows
- Create a structured EHR field
- Use DRVS to calculate the screening information

# Selecting a Family Planning Screening Tool

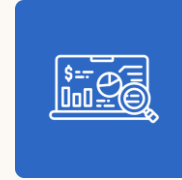
# Which screening tool is right for my health center?



Patient-Centered



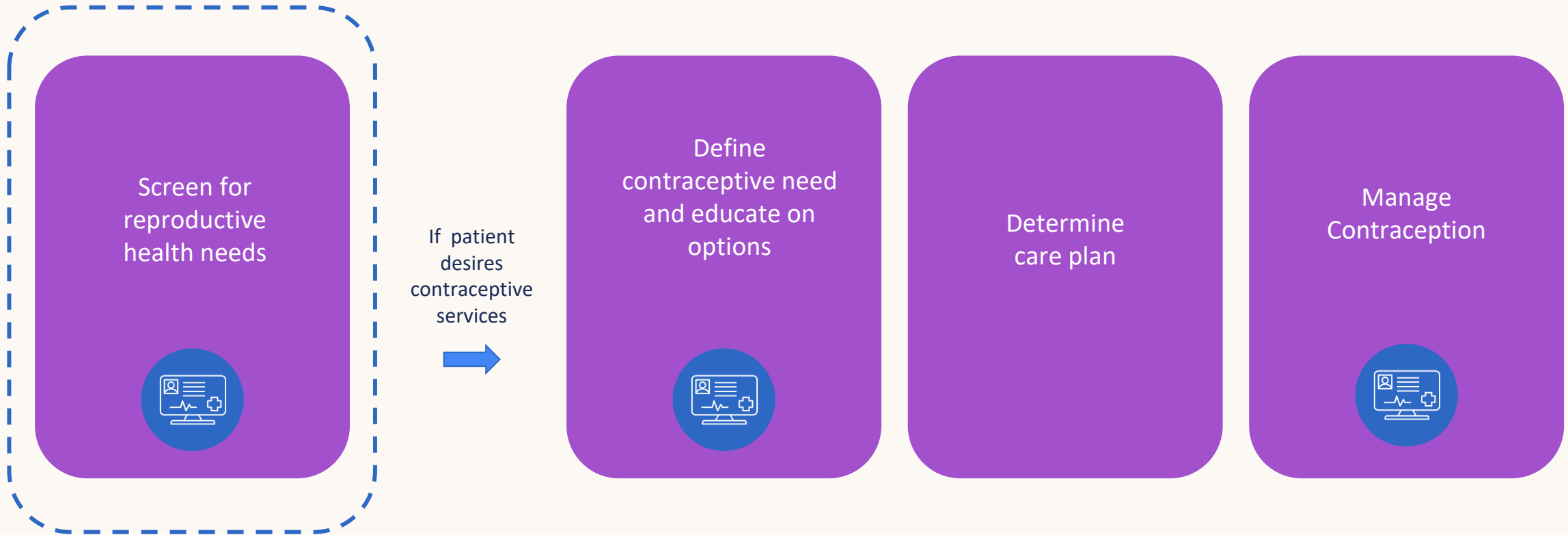
Expands Access to  
Reproductive Health Services



Data Informed and Feasible

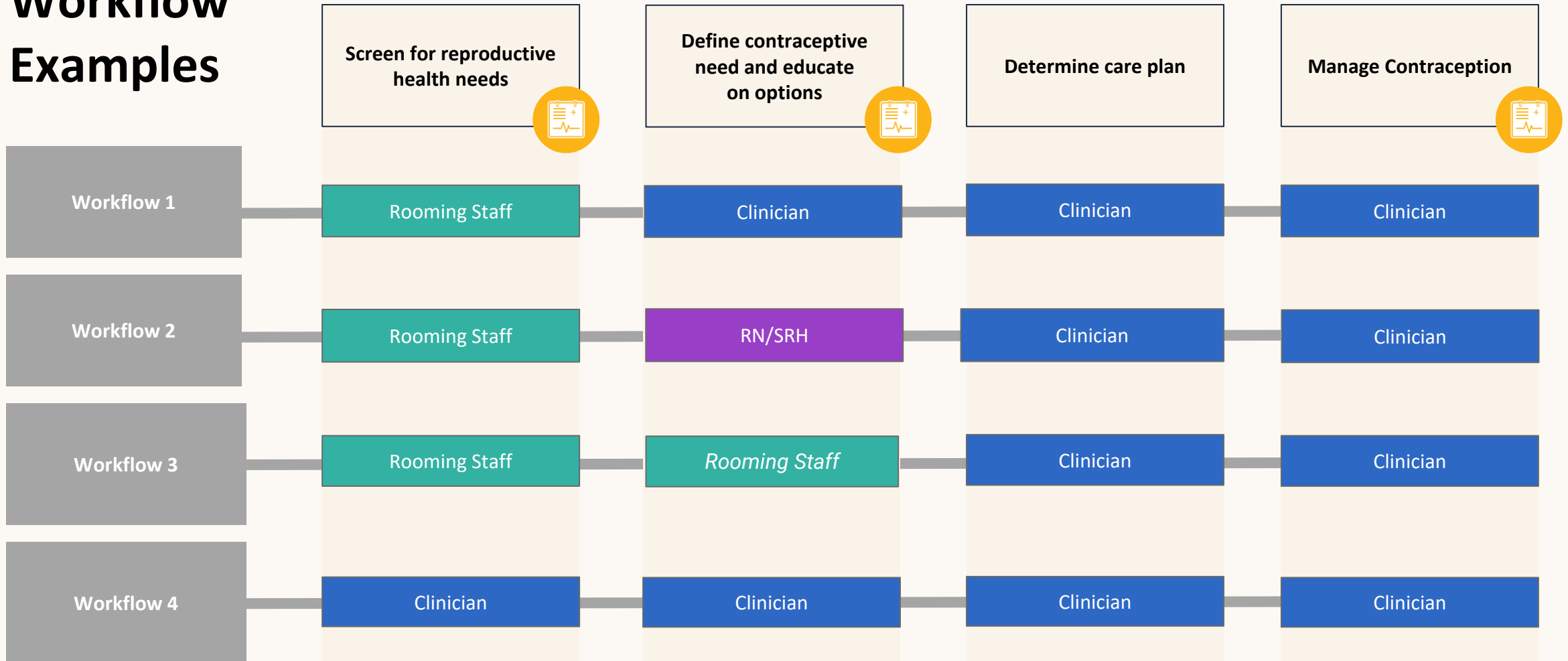
Tool/Process	Initial Question	Responses
<b>Pregnancy Intention Screening Question (PISQ)</b>	<p><i>"Would you like to become pregnant in the next year?"</i></p> <p><i>"Would you like to become a parent in the next year?"</i></p>	<p><i>Yes, Ok either way, Unsure, No, N/A</i></p> <ul style="list-style-type: none"> <li>● <i>If no, use follow-up questions to determine preferred method.</i></li> <li>● <i>If "OK either way," "unsure," "no" use follow-up questions to clarify.</i></li> </ul>
<b>Self Identified Need for Contraception (SINC)</b>	<p><i>"We ask everyone about their reproductive health needs. Do you want to talk about contraception or pregnancy prevention during your visit today?"</i></p>	<p><i>Yes, No</i></p> <p><i>If no, clarify their reasoning: "There are lots of reasons why a person may not want to talk about this, and you don't have to share if you don't want to. Do any of these apply to you?"</i></p> <ul style="list-style-type: none"> <li>● <i>I'm here for something else</i></li> <li>● <i>This question doesn't apply to me/I prefer not to answer</i></li> <li>● <i>I am already using contraception</i></li> <li>● <i>I am unsure or don't want to use contraception</i></li> <li>● <i>I am hoping to become pregnant in the next year</i></li> </ul>
<b>One Key Question® (OKQ)</b>	<p><i>"Would you like to become pregnant/parent in the next year?"</i></p>	<p><i>Yes, Ok either way, Unsure, No</i></p>
<b>Parenthood or Pregnancy Attitude, Timing, How important to prevent pregnancy (PATH)</b>	<p><i>"Do you think you might like to have (more) children at some point? If so, when do you think that might be?"</i></p> <p><i>If patient is considering future parenthood:</i></p> <p><i>"How important is it to you to prevent pregnancy until that time?"</i></p>	<p><i>No structured response options. Open-ended conversation.</i></p>
<b>Reproductive Health Services Screening Question</b>	<p><i>"Can I help you with any reproductive health needs today such as birth control or planning for a healthy pregnancy (parenting)?"</i></p>	

# Core Contraceptive Care Tasks



*EHR documentation recommended*

# Workflow Examples



**Note:** The roles listed are primarily responsible for executing the contraceptive care tasks, but can be supported by other team members.

## Guiding Questions

# Is this workflow right for my organization?

### Staffing

- Do we have enough rooming staff available to take on these tasks?
- Are clinicians willing and interested in taking on contraceptive care?

### Culture

- How supportive is our organizational culture of workflow changes?
- How have other change management processes gone?

### Skills

- Which staff will require training and upskilling?
- What staff are already performing routine screenings?

### Time

- How much time do we have for training/upskilling of rooming staff?
- Do clinicians have enough time to perform all contraceptive care tasks?

### Scope

- Are there union/contract/scope of work considerations that limit what tasks staff members can perform?

# Upstream with DRVS

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# What Does DRVS Track About Family Planning?

## Contraceptive Need Screening

- Track rates of pregnancy intention screening (PISQ), self-identified need for contraception (SINC), or other screening tool and contraceptive service provision
- Identify which patients are being screened or not to support quality improvement

## Contraceptive Service Provision

- Assess the comprehensiveness of family planning service delivery within the organization
- Evaluate rates of implants and IUD placement & removal services, and examine patterns of provision for other most and moderately effective methods of contraception
- Identify training needs across care teams

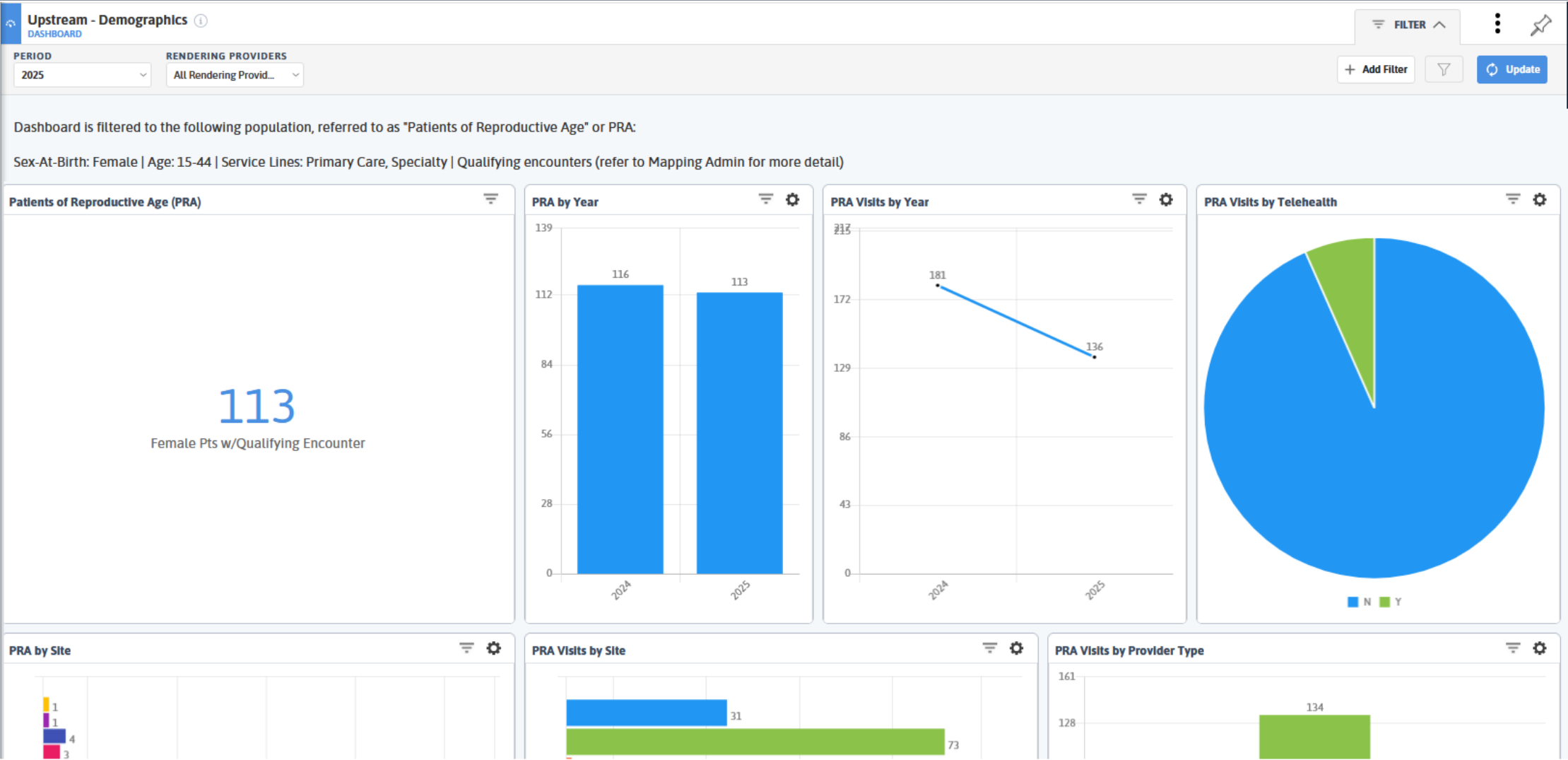
## HRSA and OPA Reporting

- Report select data related to family planning screening and contraceptive services for UDS
- Streamline reporting for demographic makeup and service volume for Title X users

## Identify Gaps in Contraceptive Access

- Analyze potential gaps in screening and access to specific family planning services for different patient populations
- Ensure all patients of reproductive age are being screened for their reproductive health needs and that the full range of contraceptive services are accessible in given clinical locations

# Family Planning Dashboard



# Filter and Compare Measure Results



**Contraceptive Services Encounter** MEASURE

PERIOD: March 2024 | CENTERS: All Centers | RENDERING PROVIDERS: All Rendering Provid... | CONTRACEPTIVE SERVICES: All Contraceptive Se...

FILTER ^

+ Add Filter ⌵ Update

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**MEASURE ANALYZER**

27%

-21%

Mar 23

177 / 647

Contrac...

22% 12%

**Comparison**

GROUP BY: Rendering Locations

Rendering Location	Value
Main St. Off...	32
70 Blanchard...	31
1400 Cambrid...	27
1st St Clinic	19
Lakeview Adu...	18
Main Office	15
Neighborhood...	13
Florence Ave...	12
Adult Health	10

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**Mar 24**

GROUP BY: Centers

■ Access Community Health 
 ■ Family Health Center 
 ■ Neighborhood Health Center

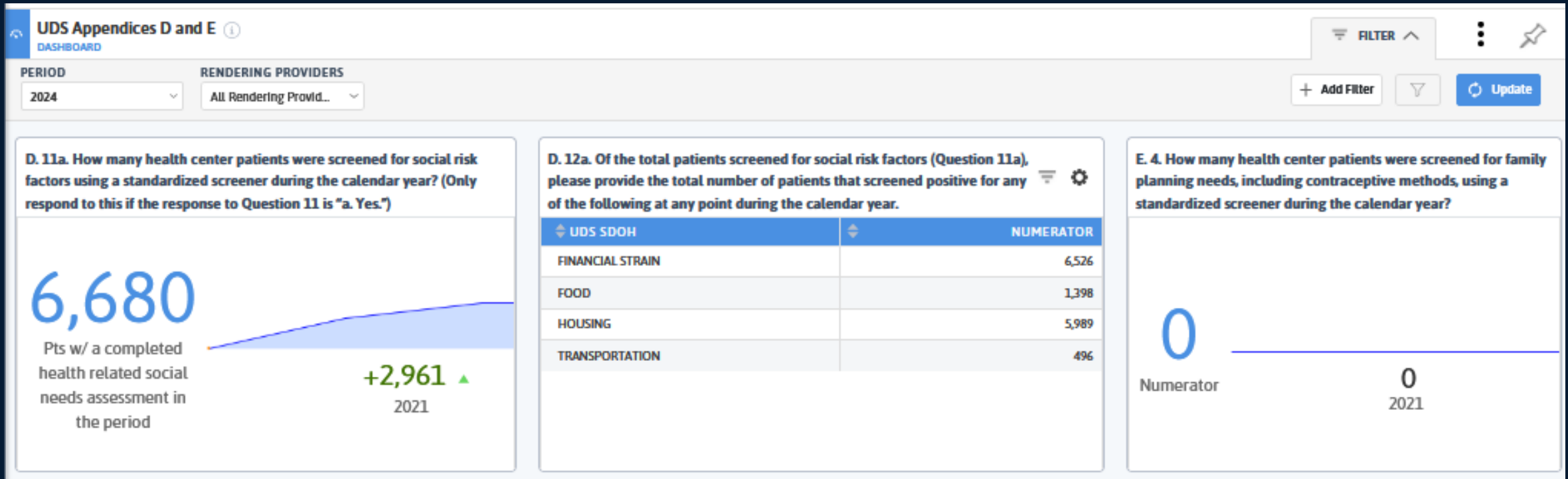


# UDS Reporting on Family Planning Needs

For UDS 2025, Health Centers need to report on the number of patients screened for family planning needs with a standardized screener.

Annual Family Planning and Contraceptive Screening measure in DRVS assists with this.

- Appendix E; Question 4



## Voices from the Field



**Valerie Tobia, MSW, LICSW, MPH**  
*Practice Transformation Lead III*  
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*Director of Department*  
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# CONCOURSE LEVEL



Visit the Upstream Table  
next to Registration



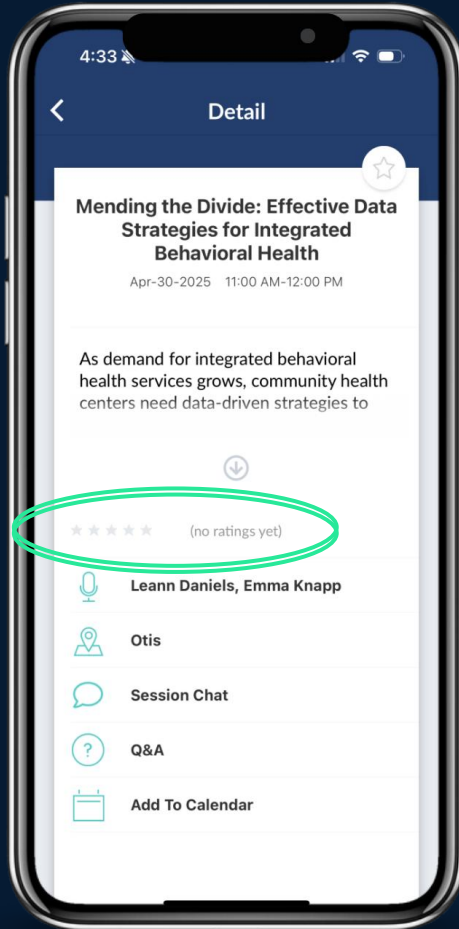


# Questions?



# We want to hear from you!

Click on the session from your agenda in the conference app.  
Click the stars in the center of your screen to rate and provide feedback.



Quick and Easy



Provide brief feedback or ideas



Rate the session and the speaker(s)



Help us continue to improve



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# Thanks for attending!

